












The Falls at Frene Valley
PO Box 468
Hermann, MO 65041
573-486-3155



June 2017



**Activities Are Subject
 To Change
 KIRSTEN PARR AD
 (AR) Activity Room**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				Fun & Fitness -10 Social Time -2 Birthday Party -2:30 (Music with Georgia -AR) BINGO -6 	Social Time 10 & 2 Music & Doughnuts -2:30 (AR) NATIONAL DOUGHNUT DAY 	Social Time 3 10 & 2 Movie & Popcom - 2pm (AR)
4 United CHURCH of Christ -2pm	5 NAIL CARE (AR) Social Time 10 & 2 CARD BINGO - 2:30 (AR)	6 Rosary & Communion - 9:30 (AR) Fun & Fitness -10 Social Time -2 BINGO -2:30 (AR)	7 Fun & Fitness -10 Social Time -2 Dice Bowling - 2:30 (AR) JOKER ENO -6	8 Fun & Fitness -10 Social Time -2 Critter Racing -2:30 (AR) BINGO -6	9 Resident & Dietary COUNCIL -9 BINGO -9:30 Social Time -2 Movie & Snacks - 2 (AR)	10  Cardinal Game & Popcom 1:15 pm (AR)
11 Lutheran CHURCH -2pm	12 NAIL CARE (AR) Social Time 10 & 2 CARD BINGO - 2:30 (AR)	13 Mass with Fr. Means -9:30 (AR) Fun & Fitness -10 Social Time 10 & 2 Entertainment by Ken 3-4pm (AR)	14 Fun & Fitness -10 Social Time -2 Penny Pitch - 2:30 (AR) BLACKJACK -6	15 Fun & Fitness -10 Social Time -2 Beat the Dice -2:30 (AR) BINGO -6	16 Social Time 10 & 2 A Day for Pairs -2:30 (AR)	17  Social Time -10 Pinochle -1:30 Movie & Popcorn -2pm (AR)
18 First Baptist CHURCH -2pm  Happy Father's Day!	19 NAIL CARE (AR) Social Time 10 & 2 CARD BINGO - 2:30 (AR)	20 Rosary & Communion -9:30 Fun & Fitness -10 Social Time -2 BINGO -2:30 (AR) Centerstage 6pm (AR)	21 Fun & Fitness -10 Senior Center -11:30 Pass the Hat -2:30 (AR) JOKER ENO -6	22 Fun & Fitness -10 Social Time -2 Whoopie - 2:30 (AR) BINGO -6	23 Mass with Monsignor Greg 9am (AR) Social Time 10 & 2	24 Social Time 10 & 2 Movie & Popcorn - 2pm (AR) 
25 Gasconade Baptist CHURCH -2pm	26 NAIL CARE (AR) Social Time 10 & 2 Sing Along with Kathy -2pm (AR)	27 Rosary & Communion - 9:30 (AR) Fun & Fitness -10 Social Time -2 BINGO -2:30 (AR)	28 Fun & Fitness -10 Social Time -2 KARAOKE with VERNON - 2pm (AR) BLACKJACK -6	29 Fun & Fitness -10 Social Time -2 Tabletop Hopscotch - 2:30 (AR) BINGO -6	30 Social Time 10 & 2 Ice Cream Sodas -2:30 (AR)	












Frene Valley of Hermann
PO Box 468
Hermann, MO 65041
573-486-3155



June 2017



Activities Are Subject To Change
KIRSTEN PARR AD
Snack Cart Daily
10am-2pm-7pm

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BIRTHDAYS Merle Schutt - 8th Donna Hendricks - 17th Bill Radtke - 25th Lily Wright - 28th	Sharon Pottebaum - 2 Marie Jane Riley - 8 Jessica Romaker - 12 Naomi Mahnesmith - 16 Pat Watson - 23 Cynthia Harris - 25 Jenny VanBooven - 26			Fun & Fitness -9:30 Table Games -10 Birthday Party -2:30 (Music with Georgia) CHURCH -6:30 	Fun & Fitness -9:30 Room Visits -10 Music & Doughnuts -2:30 NATIONAL DOUGHNUT DAY 	Movie & Popcorn -2pm 
United CHURCH of Christ -2pm	NAIL CARE with Marcy -9 Fun & Fitness -9:30 CARD BINGO -2:30	Rosary & Communion -9:30 Visits with Mary & Donna -10:30 BINGO -2:30	Fun & Fitness -9:30 Table Games -10 Dice Bowling -2:30 	Fun & Fitness -9:30 Table Games -10 Critter Racing -2:30	Fun & Fitness -9:30 Room Visits -10 Movie & Snacks -2pm	 Cardinal Game & Popcom 1:15 pm
Lutheran CHURCH -2pm	NAIL CARE with Marcy -9 Fun & Fitness -9:30 CARD BINGO -2:30	Mass with Fr. Means -9:30 Sensory Stimulation -10 Entertainment by Ken 3-4pm	Fun & Fitness -9:30 UMW Bible Study -10:30 Penny Pitch -2:30	Fun & Fitness -9:30 Table Games -10 Beat the Dice -2:30	Fun & Fitness -9:30 Dietary & Resident COUNCIL -10 A Day for Pairs -2:30	Pinocle at The Falls -1:30  Movie & Popcorn -2pm
First Baptist CHURCH -2pm  Happy Father's Day!	NAIL CARE with Marcy -9 Fun & Fitness -9:30 CARD BINGO -2:30	Rosary & Communion -9:30 CNA Luncheon 10:30-12 BINGO -2:30 Centerstage 6pm	Fun & Fitness -9:30 The Price is Right -10 Pass the Hat -2:30	Fun & Fitness -9:30 Table Games -10 Whoopie -2:30	Mass with Monsignor Greg -9 Room Visits -10 Sensory Stimulation -2:30	 Movie & Popcorn -2pm
Gasconade Baptist CHURCH -2pm	NAIL CARE with Marcy -9 Fun & Fitness -9:30 Sing Along with Kathy -2pm	Rosary & Communion -9:30 Sensory Stimulation -10 BINGO -2:30	Fun & Fitness -9:30 20 Questions -10 KARAOKE with VERNON -2pm	Fun & Fitness -9:30 Table Games -10 Tabletop Hopscotch -2:30	Fun & Fitness -9:30 Room Visits -10 Ice Cream Sodas on the Patio -2:30	



FOOD FOR THANKS !







June 2017

LISA DEMPSEY CDM/CFPP

FOOD & NUTRITION DEPT

MENU'S SUBJECT TO CHANGE

Summer Begins

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Summer Begins			 1 Salisbury Steak Creamy Chicken Spaghetti Baked Potato w/Sour Cream Spinach Bake Creamed Peas Manager's Choice Dessert	 2 Fish of the Day BBQ Pork Steak Macaroni & Cheese Fried Potatoes Buttered Corn Cole Slaw Pineapple Crumble	 3 Beef Parmesan Maple Glazed Pork Roast Fettuccini Alfredo Baked Sweet Potato Peas & Carrots Hominy Mixed Fruit Cup
 4 Fried Chicken Bratwurst on Bun Mashed Potatoes & Gravy German Potato Salad Green Beans Sauerkraut Chess Pie Dinner Roll	 5 Meatloaf Swiss Chicken Breast Oven Browned Potatoes Garden Blend Rice Creamed Peas Tuscany Blend Vegetables Fruit Shortcake	 6 Roast Turkey w/Gravy BBQ Ham Sandwich Stuffing AuGratin Potatoes California Blend Vegetables Italian Blend Vegetables Frosted Cupcakes Dinner Roll	 7 Beef Tips w/Gravy BLT Buttered Egg Noodles Potato Wedges Candied Carrots Scandinavian Vegetables Gelatin w/Whipped Topping	 8 Herbed Roasted Pork Loin w/Gravy Taco Salad Baked Sweet Potatoes Spanish Rice Vegetable Medley Mexican Corn Frosted Chocolate Chip Brownies	 9 BBQ Chicken Hot Dog on Bun Baked Beans French Fries Marinated Cucumbers & Onions Mixed Vegetables Peach Cobbler	 10 Baked Ham Sloppy Joe on Bun Scalloped Potatoes Tater Tots Cheesy Spinach Carrot & Raisin Salad Pudding Parfait Cornbread
 11 Pot Roast w/Gravy Chicken Cordon Bleu Carrots, Potatoes & Onions Glazed Sweet Potatoes Buttered Peas Pie of the Day Dinner Roll	 12 Honey Glazed Pork Chops Breaded Chicken Livers Buttered Orzo Scalloped Potatoes Vegetable Blend Green Bean Casserole Cheesecake	 13 Fiesta Hamburger Steak Sweet & Sour Chicken Squash Corn Casserole Buttered Rice Stir Fry Vegetables Tossed Salad Chocolate Chip Cookies	 14 Ham & Beans Sliced Turkey w/Gravy Fried Potatoes Sweet Potato Casserole Spinach Broccoli & Cheese Sauce Goey Butter Cookies Cornbread	 15  Resident's Choice	 16 Baked Crusted Tilapia Corned Beef Stewed Potatoes Parmesan Noodles Peas & Carrots Buttered Cabbage Daffodil Cake Cheese Herb Biscuits	 17 Spaghetti w/Meat Sauce BBQ Pork on Bun Potato Medley Sauted Zucchini & Squash Twice Baked Cauliflower Pineapple Upside Down Cake
 18 Cheddar Baked Chicken Swiss Steak Sweet Potato Wedges AuGratin Potatoes Brussel Sprouts Buttered Corn Peach Cobbler Dinner Roll	 19 Swedish Meatballs w/Sauce Fish Sandwich Steamed Rice French Fries Broccoli Baby Carrots Cole Slaw Sherbet	 20 Breaded Pork Steak w/Onions Lasagna Oven Roasted Potatoes Sweet & Sour Cabbage Italian Blend Vegetables Lemon Cream Cake Garlic Bread Sticks	 21  Chicken Fried Chicken Reuban Sandwich on Marble Rye Cheesy Hashbrown Casserole Long Grain & Wild Rice Blend Glazed Carrots Broccoli & Cheese Sauce Banana Cream Pie	 22 Soft Beef Taco Breaded Chicken Patty on Bun Pinto Beans Ranch Potato Wedges Fiesta Corn Salad Breaded Vegetable Sticks Creamy Orange Cake	 23 Glazed Ham Bacon Cheeseburger on Bun Scalloped Potatoes Potato Pancakes Country Green Beans Mixed Vegetables Frosted Angel Food Cake	 24 Baked Turkey Crunch Polish Sausage on Bun Baked Sweet Potato Parmesan Potatoes Creamed Peas Buttered Cabbage Strawberry Pretzel Dessert
 25 Roast Beef BBQ Chicken Sluggler Herbed Rice Potato Pancakes Candied Carrots Spinach Salad Creamy Custard Pie Dinner Roll	 26 Herb Roasted Chicken Salmon Patty w/Cream Sauce Baby Bakers Macaroni & Cheese Mixed Vegetables Lima Beans Frosted Cake	 27 Bow Ties w/Italian Sausage, Tomatoes & Cream Meatloaf Mashed Sweet Potatoes Broccoli & Cauliflower Italian Tossed Salad Chocolate Layer Dessert Garlic Bread	 28 Sliced Turkey w/Gravy Tater Tot Casserole Cornbread Dressing Vegetable Medley Stewed Tomatoes Blueberry Cobbler Dinner Roll	 29 Salisbury Steak Creamy Chicken Spaghetti Baked Potato w/Sour Cream Spinach Bake Creamed Peas Manager Choice Dessert	 30 Fish of the Day BBQ Pork Steak Macaroni & Cheese Fried Potatoes Buttered Corn Cole Slaw Pineapple Crumble	