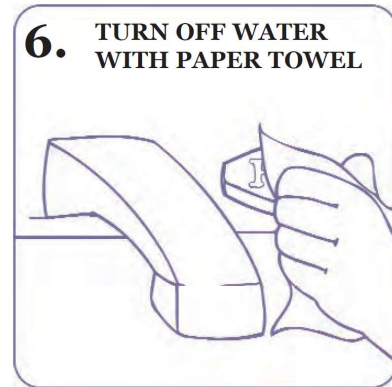


Hand Washing How-To

Does it matter how I wash my hands?

You have to rub your hands for at least 20 seconds to get rid of harmful microorganisms. Follow these instructions:



Hand Sanitizer How-To

How do I clean my hands with alcohol-based hand sanitizer?

Use enough to cover all the surfaces of your hands. Air dry for 30 seconds. Follow these instructions:

